

Course Materials for Continuing Education Course

10012 Guidelines for Professional Practice with Transgender and Gender Nonconforming People [3 Credits]

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Course Syllabus

Course Description: This online text-based course is designed to assist psychologists in the provision of culturally competent, developmentally appropriate, and trans-affirmative psychological practice with Transgender and Nonconforming (TGNC) people. The course materials present the rationale and need for guidelines for working with TGNC people. The five categories and 16 guidelines developed by the APA Committee on Sexual Orientation and Gender Diversity (CSOGD) and APA Division 44 are then presented, discussed, and applied to professional practice. The course concludes with a comprehensive list of references and definitions.

Course Objectives (Learning Outcomes):

By successfully completing this course, the learner will be able to:

1. Discuss the rationale and goals for guidelines when working with Transgender and Nonconforming (TGNC) people
2. Identify and discuss the five categories and 16 guidelines identified by the American Psychological Association for working with TGNC clients
3. Apply the guidelines to professional work with TGNC clients
4. Identify and define important terminology related to the TGNC population

Course Category: Disorders, Symptoms, and Populations; Ethics and Professional Standards

Credits: 3.0

Fees: \$30.00 to register for CE Credit (Must pass Course Quiz to earn credit). Refund Policy.

Last Revision: April, 2016

Audience and Course Level: This course is appropriate for **Psychologists, Mental Health Counselors, Social Workers, and Marriage and Family Therapists**. The Guidelines covered in this course are an introductory resource for psychologists who will encounter Transgender and Nonconforming (TGNC) people in their practice, but can also be useful for psychologists with expertise in this area of practice to improve the care already offered to TGNC people. The Guidelines include a set of definitions for readers who may be less familiar with language used when discussing gender identity and TGNC populations. The course level is considered **introductory** since it introduces the learner to the foundational guidelines for working with this population and no prerequisite training is required.

Course Utility and Potential Risks/Conflicts: The utility of this course lies in helping practitioners learn and apply the 16 guidelines developed by the American Psychological Association (APA) in working with Transgender and Gender Nonconforming (TGNC) people. The primary goal is to assist psychologists in the provision of culturally competent, developmentally appropriate, and trans-affirmative psychological practice with TGNC people. The course does not include clinical training or certification. This course is not sponsored by any commercial organizations, although the Guidelines were developed and adopted by the APA. No potential conflicts of interest are noted.

Course Instructors: This course was developed by Chris Heffner, PsyD, PhD, LP and was reviewed by Catherine Crews, PhD, LP.

Course Materials: The materials for this course were prepared by the American Psychological Association (APA) and are based on the guidelines developed by the APA Committee on Sexual Orientation and Gender Diversity (CSOGD) and APA Division 44.

Citation: American Psychological Association. (2015). Guidelines for Psychological Practice with Transgender and Gender Nonconforming People. *American Psychologist*, 70 (9), 832-864. doi: 10.1037/a0039906

Publication Date: December, 2015

Format: PDF (CustomCE Course 10012.pdf)

Technical Requirements: Internet Access for Course Quiz, PDF Viewer (e.g., Acrobat Reader) for Course Materials.

Additional Requirements: None

Suggested Prerequisites: None

Course Materials

Due to copyright restrictions, the course materials are located on the APA website and can be accessed as a PDF file via:

<https://www.apa.org/practice/guidelines/transgender.pdf>