

Course Materials for Continuing Education Course

10207 Ethical Guidelines in Positive Psychology [2.0 credits]

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Course Syllabus

Course Description: This FREE online text-based course introduces the learner to professional ethics through the lens of positive psychology. Based on a peer-reviewed article written by experts in the field of positive psychology, this course provides an overview of ethical decision making and ethical behaviors. It includes a discussion of values, strengths, and principles; application of ethical guidelines; a step-by-step guide to resolving ethical dilemmas; and a series of ethical case examples and discussion.

Course Objectives (Learning Outcomes): By successfully completing this course, the learner will be able to:

- 1. Provide an overview of values, strengths, and principles as they relate to ethics in the practice of positive psychology
- 2. Discuss the application of ethical guidelines in practice, including those related to well-being, power differentials, use of strengths, and resilience
- 3. Apply ethical guidelines to case examples

Course Category: Ethics and Professional Standards

Credits: 2.0

Fees: FREE to register for CE Credit (Must pass Course Quiz to earn credit). Refund Policy. This course is also included for free in the Unlimited Membership.

Last Revision: August, 2020

Audience and Course Level: This course is appropriate for **Psychologists**, **Mental Health Counselors**, **Social Workers**, and **Marriage and Family Therapists** who are interested in the application of ethical practice, especially as it relates to positive psychology. The course level is considered **introductory** for licensed professionals and assumes a working knowledge of ethical standards within their profession.

Course Utility and Potential Risks/Conflicts: The utility of this course lies in helping practitioners better understand ethics and apply ethical behaviors in the practice of positive psychology. The course does not include clinical training or certification. This course is not sponsored by any commercial organizations and no potential conflicts of interest are noted.

Course Instructors: This course and quiz was developed by Chris Heffner, PsyD, PhD, LP.

Course Materials: Materials for this course were published in the *International Journal of Well-Being*, a peer-reviewed open access journal.

Publication Date: 2019

Format: PDF (CustomCE Course 10207.pdf)

Technical Requirements: Internet Access for Course Quiz, PDF Viewer (e.g., Acrobat Reader) for Course Materials.

Additional Requirements: None

Suggested Prerequisites: None

Course Materials

The materials for this course were published in the peerreviewed *International Journal of Well-Being* and are available as a pdf document from

https://www.internationaljournalofwellbeing.org/index.php/ijow/article/view/921/755